

SWEET HOLY SPIRIT CHURCH NEW YEARS FAST FOR 2021

Monday, January 11, 2021 – Sunday, January 24, 2021

2021 Theme: BETTER (The Year of Divine Intentions)

Jeremiah 29:11

11 "For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

DANIEL FAST; Eating only that which comes from the ground

No Meat

No Sugar Products

No Pasta

No White Flour Products

No Caffeine

No Pop

No Dairy Products

Drink at Least Five Bottles of Water Daily

Prayers and Focus Points; **January is the month of Spiritual Growth.**

It's one thing to know about God but it's another thing to be known by God.

Seek direction from God for ourselves and others and petition God on other's behalf.

Make preparation to receive His presence and all that He has planned for your life. Our purpose of the fast is to receive a personal encounter with God.

Daniel's decision not to eat the king's food was an outward symbol of an inward commitment he made to God. Let your choices over the 14 days reflect the hunger you have for God's presence in your life.

Be willing to hear what God is requiring you to change and be willing to change it. Be intentional. Decide where you will meet with God, what and when you will eat, and how you will spend your time differently.

Don't fill your time with distractions. Create a plan and commit to spending more time with the Lord.

Set aside a time and a place for you to pray 3 times daily.

PRAY FOR YOUR OWN SPIRITUAL GROWTH DAILY

PRAY FOR YOUR PASTOR AND CHURCH DAILY

PRAY FOR THE END OF COVID-19 DAILY

It is important to point out that Daniel confessed and repented not only for his own sins, but for those sins, iniquities, and failures of the Israelites that resulted in their captivity. Daniel's decision not to eat the king's food was an outward symbol of an inward commitment he made to God. Let your choices over the next three weeks reflect the hunger you have for God's presence in your life.

Prayer Line Hours

MORNINGS: 5:45am - 6:25am EVENINGS: 6:30pm - 7:00pm.

Prayer line number **848.220.3300.**

Your sacrifice can bring about a transformative revival in you, your church, your community, your nation, and the world.

DAY 1 – January 11, 2021 Read Jeremiah 29:11, Romans 12:1-2; Luke 9:23. Pray for submission to God. Offer your life to Christ. (Only Fruit & Vegetables)

DAY 2 – January 12, 2021 Read Jeremiah 29:11 Daniel obeyed God and separated himself. Ask the Lord how to separate yourself from anything that is making you common in the world. (Only Vegetables)

DAY 3 – January 13, 2021 Read Jeremiah 29:11, Matthew 4:19; 6:33; 22:37,39; John 15:8; Acts 1:8. Pray for the purpose in your life. Ask God for guidance and direction. (Only Fruit & Vegetable Juices)

DAY 4 – January 14, 2021 Read Jeremiah 29:11, Daniel 2. Daniel received supernatural revelation of wisdom to aid the king. Pray God will reveal your gift, its usage for the benefit of others, and for His Glory. (Only Fruit & Vegetables)

Day 5 – January 15, 2021 Read Jeremiah 29:11 Ephesians 5:18; Galatians 5:16,25; Psalm 61:2-4. Ask the Spirit to control you and fill you. Pray that you grow in Christ. Seek greater love and commitment to Him. (Only Vegetables, you may have some fish but not fried)

DAY 6 – January 16, 2021 Read Jeremiah 29:11, Galatians 5:22-23; 1 Corinthians 13:4-7. Pray that your choices and behaviors demonstrate the Fruit of the Spirit. Read Daniel 3. Ask the Lord about compromise in your life. Ask for help to stand firm. (Only Fruit & Vegetables)

DAY 7 – January 17, 2021 Read Jeremiah 29:11, Daniel 4. Daniel prayed for the king and eagerly sought God's working in his heart. Pray and ask God to touch the prideful hearts of those among you to believe in the only true and living God. (Only Vegetables)

DAY 8 – January 18, 2021 Read Jeremiah 29:11, Proverbs 14:34. Pray for our Government. Pray for a spiritual revival in our local, state, and national government. Pray for the President of the United States and his cabinet members and their relationship with Christ. (Only Fruit & Vegetable Juices)

DAY 9 – January 19, 2021 Read Jeremiah 29:11, Daniel 5; Psalm 37:1-5. Do not fret over evil doers around you. Daniel survives the purge and emerges triumphant. What happens in the world will not overtake you. God has a plan will bring it to pass. (Only Vegetables)

DAY 10 – January 20, 2021 Read Jeremiah 29:11, Philippians 4:6-9; Ephesians 6:13-18. Spiritual Warfare. Pray in the Spirit on all occasions. Be alert and always pray for God's people (Only Vegetables...you may have some fish but not fried)

DAY 11 – January 21, 2021 Read Jeremiah 29:11 Daniel 6. Be at peace with your Lions. Ask the Lord to reveal any plot of evil devised against you. (Only Fruit & Vegetable Juices)

Day 12 – January 22, 2021 Read Jeremiah 29:11, Proverbs 3:5-6; Romans 8:28-29. Pray for the circumstances of each day. God will direct you and work all things for your good (Only Fruit & Vegetable Juices)

Day 13 – January 22, 2021 Read Jeremiah 29:11, Daniel 7. Bless the Ancient of Days. The deity of God. God has supreme authority in both heaven and earth (Only Vegetables)

Day 14 – January 23, 2021 Read Jeremiah 29:11, 1 Chronicles 29:10-13; Psalms 34:6-7, 40:1-3; Revelation 15:3-4. Prayer of adoration and thanksgiving. Spend time worshipping and praising God (Fruit, Vegetables you may have some fish but not fried)

THIS FAST WILL HELP YOU PHYSICALLY, SPIRITUALLY, EMOTIONALLY & FINANCIALLY